



PBJ Sandwich Initiative with Livingston Neighbors Helping Neighbors' (LNHN)

*To date LNHN has delivered more than 10,000 sandwiches to Churches in Newark:
St. Ann's, St. Michael's and St. John's.*

Here are the specifics on PBJ Sandwich PREPARATION:

1. **Best Practices for Hygiene:** Wear gloves and masks when food prepping
2. **Grocery List:** 3 to 5 *large* loaves of bread, Large Jar(s) of Peanut Butter, Large Jar(s) of Jelly/Jam, Plastic Sandwich Baggies with Zip Lock Tops, Brown Paper Lunch Bags, Napkins
3. **Optional Grocery List:** Cookies (single cookie can be placed inside sandwich bag along with sandwich), Piece of Fruit (Small Orange/Apple), Small Bottled Water
4. Make It Family Fun Time. Option: Decorate paper bags with flowers, messages of positivity & love—be creative!

Here are the specifics on DELIVERY:

1. Delivery can be made 7 days a week from 7 AM to 3 PM at Stacey Rubenstein's Home: 33 Tremont Terrace (*corner of Springbrook*), Livingston. She has a table by her garage where items are dropped off constantly.
2. **MUST TEXT Janet Penn** at **973-986-6390** prior to drop-off so Janet can coordinate with Stacey's volunteers and deliver promptly to final destinations. Please let her know how many sandwiches you are dropping off and when.

We are just so thrilled to have this opportunity to develop an Ongoing Mitzvah Opportunity, making a difference in people's lives every single day.

Very Grateful For Your Participation,

Janet Penn & Ruth Ross, Social Action Committee Co-chairs