

Transform a
life, and your
own



BLOOD DRIVE SPONSORED BY: Temple B'nai Abraham

**WEDNESDAY, FEBRUARY 20, 2019
3:30 PM - 7:00 PM
300 EAST NORTHFIELD ROAD
LIVINGSTON, NJ 07039**

Co-Sponsored By:
Temple B'nai Abraham's Social Action
Committee, Men's Club and Sisterhood-
The Women's Connection

Appointments are preferred,
but walk-ins are welcome.

For more information or to schedule a donation,
call **201.251.3703** or visit us at **vitalant.org**
Find us @vitalant:   

**All Donors will receive
the following free
health screenings:
“Cholesterol, Blood
Pressure, Temp, Iron, Pulse
& Blood Type**

Donor Guidelines:

- * Weigh at least 110 lbs.
- * Eat a meal before donation
- * Bring ID
- * Drink plenty of water before
and after donation

Ann

BLOOD RECIPIENT:

"I wish I could tell my donor how
grateful I am for your selfless act.
You may have wondered what
became of your donation well,
it saved my life.

https://donor.cbsblood.org/donor/schedules/drive_schedule/49330

vitalant  SM